

# BAMD

BUST A MOVE DANCE



## ABOUT BAMD

Bust a Move Dance is an Australian born social business offering dance classes for children, teens and adults with disabilities.

Currently operating a second branch in Toronto, Canada, the vision for BAMD is that people of all abilities feel equal and powerful in the world, and that these individuals are provided with an opportunity to participate in and express themselves in an environment which is safe, but also stimulates personal growth in a creative manner. BAMD aims to do this through the vehicle of dance, encouraging these young people to become independent within their own communities and in turn develop their self-confidence and self purpose.

## OUR GOALS.

- Adapted/inclusive dance classes in accessible locations across the GTA.
- Customised workshops in various genres for ALL ages and ability levels.
- Dance parties & events, let us come and party with you guys, run a workshop, or simply have a chat about future idea's!
- Performance Opportunities. Our performance crew is a large part of our BAMD classes and community integration.

## A LITTLE MORE ABOUT US!

We are extremely proud of our BAMD achievements and the opportunities we have created for our dancers over the years. Our weekly line up of classes in various genres, and the welcoming community feel is what BAMD is renowned for. We are so excited to see what opportunities we can create for dancers throughout Canada and watch how communities grow and adapt to the magic that is, BAMD!

## LET'S CHAT!

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## STALK US!



Bust a Move Dance



@bamdanceto



@bamdanceaus

# WEEKLY CLASSES

## MONDAY

6:45 - 7:45pm

YOGA

The School, Creative Arts Education  
160 Lakeshore Rd E Mississauga.

## MONDAY

6:45 - 7:45pm

DANCE

MNJCC

750 Spadina Ave, Toronto

## TUESDAY

7:00 - 8:00pm

DANCE

Van Buskirk studios of dance  
755 The Queensway East,#103,  
Mississauga

## WEDNESDAY

5:30 - 6:30pm

DANCE

Victoria Hall  
27 Mosley St, Aurora

## WEDNESDAY

6:00 - 7:00pm

DANCE

Groove School of Dance  
491 Eglinton Ave W, Toronto

## SATURDAY

11:30 - 1:00pm

DANCE

Variety Village  
3701 Danforth Ave, Scarborough